

**Ms Elena Panagiotopoulou**

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**Date of Birth:** 20 December 1990

**EDUCATION**

- 09/2015-09/2018 **PhD in Psychodynamic Neuroscience**  
**University College London (UCL), Psychoanalysis Unit**  
*Title: "Reclaiming Body Image from Within: A scientific study on how interoception and mentalisation influence our body image."*  
Full funding from Economic and Social Research Council (ESRC) and Neuropsychanalysis Fund (NPSA)
- 09/2014-09/2015 **MSc. Cognitive Neuroscience**  
**University College London (UCL)**  
Grade: High Merit  
Full funding from Economic and Social Research Council (ESRC) and Neuropsychanalysis Fund (NPSA)
- 09/2011-09/2012 **MSc. Psychoanalytic Developmental Psychology**  
**University College London (UCL)/Anna Freud Centre**  
Grade: Distinction
- 09/2008-09/2011 **BSc. (Hons) Psychology**  
**University College London (UCL)**  
Grade: Upper 2:1
- 09/2006-06/2008 **International Baccalaureate (IB) Diploma**  
**Costeas-Geitonas School (CGS), Athens, GR**  
Grade: 44/45

**SELECTED EXPERIENCE**

- 05/2015-12/2015 Research Assistant  
**City University London, School of Health Sciences**
- 02/2014-12/2014 Honorary Research Assistant  
**University College London (UCL), Katerina Fotopoulou's lab**
- 10/2013-09/2014 Assistant Psychologist  
**Tavistock and Portman NHS Foundation Trust**
- 10/2013-09/2014 Mental Health Advisor  
**University College London (UCL), Student Disability Services**

10/2013-03/2014 Honorary Research Assistant  
**Imperial College London, Centre for Patient Safety and Service Quality**

10/2012-09/2013 Research Assistant  
**University College London (UCL), Clinical, Educational and Health Psychology Department**

10/2012-12/2013 Baby Clinic Play Assistant  
**Anna Freud Centre**

**PUBLICATIONS**

Gentsch, A., **Panagiotopoulou, E.** & Fotopoulou, A. (2015). Active Interpersonal Touch Gives Rise to the Social Softness Illusion. *Current Biology*, 25(18), 2392-2397

Davis, R., & **Panagiotopoulou, E.** (2014). Are patients being heard? The friends and family test reviewed. *Health Service Journal Online*

**AWARDS**

**Full scholarship for 1+3 PhD studentship at UCL** (2014-2018)  
 Awarded by Economic and Social Research Council (ESRC) and Neuropsychoanalysis Fund (NPSA)

**Poster Prize Award at the 16<sup>th</sup> International Neuropsychoanalysis Congress in Amsterdam** (2015)  
 Awarded by Neuropsychoanalysis Society

**Chesser Trust Award: Bursary of £2,000** (2013)  
 Awarded by Anna Freud Centre

**UCL First Year Psychology Group Award** (2009)  
 Awarded by Oliver Braddick

**PRESENTATIONS**

**17<sup>th</sup> International Neurosyoanalysis Congress in Chicago (2016)**, Oral Presentation

**Aigina Summer School (2016)**, Oral and Poster Presentation

**16<sup>th</sup> International Neurosyoanalysis Congress in Amsterdam (2015)**, Poster Presentation

**IT SKILLS**

Competent with MS Office and SPSS.

**LANGUAGES**

**English** Proficient User

**French** Independent User

**Spanish** Basic User

**Greek** First Language